



Meet Hailey Handzel, Springfield College Dining Services Registered Dietitian

Hailey graduated from Boston University in 2007 with a degree in Psychology and a minor in Fine Arts. After several years, she returned to school to study Nutrition and Dietetics and graduated from the University of Saint Joseph in 2014. Hailey went on to complete her Dietetic Internship at Yale New Haven Hospital in 2016. Since becoming a Registered Dietitian, she has spent her time working with children and teens focusing on weight management.

Some of Hailey's fondest memories from childhood were spent in the kitchen cooking with her mom for the family and big celebrations. She made the decision to return to school and study nutrition based on her love of food. Food requires a creativity to dream up new recipes and prepare meals, and it has the power to be used in wellness as well as an ability to bring people together.

Hailey is thrilled to be joining the Dining Services team and to have the opportunity to bring her experience to Springfield College. She looks forward to promoting health and wellness on campus and working with students and the culinary team to easily manage any dietary needs.

Stop by the Dining Services office in Cheney to make a consultation appointment with Hailey, or visit with her at one of her upcoming campus events! She can also be reached at handzel-hailey@aramark.com